



THE  
**MOORINGS**  
HOTEL AND RESTAURANT

**APERIO & BREADS – food to share with drinks**

**French & Norwegian bread basket** - Baguette, sourdough & Knekkebrød - £5.50 **G, D, SE**

**Salted or Habañero chicken crackling** - £6.00

**Roast chorizo, chipotle BBQ sauce** **M, SO, SD** - £10.50

**Nocellara olives** - £6.00 **(VG) SD**

**Smoked almonds (VG)** - £6.50 **SD, N**

**Padron peppers** - £8.50 **(VG) SD**

**Crisp fried squid** - £13.50 Wasabi & Yuzu **G, D, E, M, SE, SO**

**Giant roasted salted corn** - £6.00

**Grouville cockle popcorn, chilli salt** - £10.50 **MO, G, D**

**Artichoke, chilli, lemon & chickpea whip** - £13.50 **G, SE, C**

Spring Crudités, seeded Knekkebrød

**FIRST COURSES**

**Grouville Oysters**

Natural - Mignonette, lemon - £2.65 per oyster **MO, SD**

Florentine – Spinach & Hollandaise sauce - £3.00 per oyster **MO, SD, D, E**

Maître d’Hotel – Jersey butter, garlic, fine herbs, breadcrumbs - £3.00 per oyster **D, G, MO**

**Summer vegetable soup** – £9.50 **C, SO**

Vegan, changes daily - Crusty sourdough, Vegan butter or Jersey butter **D**

**Charentais melon & Icelandic prawns** **E, CR, M, SD** or **Serrano ham** - £14.50

French Charentais Melon

**Soupe de poisson** - £13.50 **D, MO, E, G, F, CR, SD, M**

Classic fish soup, rouille, garlic croutons & Gruyère

**Rustic Country Pork Terrine** - £12.50 **D, E, G, M, N**

Apple chutney, cornichons, toasted sourdough

**Burrata & carciofi alla romana** - £14.50 **D, N**

Jersey Heritage tomatoes, marinated artichokes, rocket, basil pesto

**Add Serrano ham** - £4.50

**Jersey Chancre crab** - £17.50 **CR, E, G, N, SE**

Fennel, radish, citrus aioli, seeded Knekkebrød

**Prawn & avocado cocktail** - £14.50 **CR, E, D, M**

North Atlantic prawns, crevettes roses, avocado, crisp lettuce, spiced Marie Rose

**Grouville hand-dived scallops** - £3.95 per scallop **D, G, MO**

Confit garlic, Jersey butter, toasted sourdough

**Tempura king prawns** - £14.50 **CR, G, N, SD, SE, SO**

Daikon & carrot salad, Wasabi & Yuzu

**Classic smoked salmon** - £13.50 **F, D, G**

Capers, red onion, crème fraîche, flatbread

**Peri-peri chicken livers** - £13.50 **D, G, SD**

Rich Cognac sauce, crispy onions, toasted sourdough

**Allergens in BOLD:**

**C** - Celery; **G** – Cereals containing Gluten/ Wheat; **CR** - Crustaceans; **E** - Egg; **F** – Fish; **L** – Lupin; **D** – Dairy/ Milk products; **MO** – Molluscs; **M** – Mustard; **N** – Nuts; **P** – Peanuts; **SE** – Sesame seeds; **SO** – Soya; **SD** – Sulphur Dioxide (V) = Vegetarian (VG) = Vegan

The Moorings is now a cashless business, we accept all major credit and debit cards except American Express. All prices are fully inclusive of service & GST at 5%  
If you wish to reward the team, please feel free to do so, all gratuities will be shared equally in full

## MEAT & CHARGRILLS

**Côte de Boeuf - Aberdeen Angus** – approximately 1.2kg - £90

Grilled Jersey cherry vine tomatoes, Jersey asparagus, field mushrooms, Pommes Aligot, frites & 2 sauces of your choice **c, E, D**

**Aged "Rib-eye"** **D** - 240g - £32 Frites or Pommes Aligot & 1 sauce of your choice

**Sauces** - Madagascan peppercorn **D, SD, C** / Béarnaise **D, E, SD, C** /

"Maitre d'Hotel" Garlic & herb Jersey butter **D**, / Truffle Hollandaise **D, E, SD, C SD**

**Moorings Surf 'n' Turf** - add **Grouville hand dived scallops** **D, MO** - £3.95 per scallop

**Jersey/Wagyu Steak haché au poivre** - £18.50 – Madagascan Pepper sauce & frites

**Beef fillet** - 200g - £39.50 Wild mushroom cream sauce **C, G, E, D**

**English best end lamb cutlets** - £24.50 **D, SD** Tenderstem broccoli, lamb jus, Chimichurri

**Kjøttkaker** – £17.50 **C, D, G, SD** Norwegian beef & pork meatballs, rich gravy, pea purée, mash

**Wild pheasant schnitzel** - £24.50 **D, E, G, SD** or **Holstein-** £25.50 Fried egg & anchovy **D, E, F, G, SD**

Green beans, sauté potatoes, caper & lemon butter sauce

## FISH & SEAFOOD

**Line caught catch of the day** 180g - £33.50 **D, G, F** – Local fish whenever possible.

**Hollandaise** Grilled line caught fillet, pea purée, samphire & Hollandaise sauce **E, D**

*Or* **Nature** - Grilled line caught fillet, pea purée, samphire & charred lemon to squeeze

**Jersey Chancre crab & king prawn linguine** - £32.50 **D, G, E, CR**

Gremolata, chilli, ginger & garlic

**Moules Frites** - £19.50 **D, CR** Mussels, white wine, Jersey cream, shallots, parsley

**Mouclade Frites** - £19.50 **D, CR**, Mussels, white wine, curry, Jersey cream, shallots, parsley

**Malaysian coconut Fruits de Mer curry** - £31.50 **F, CR, G**

Catch of the day, seared scallops, grilled king prawn, mussels & mange tout peas, red peppers, Jasmine rice, Kachumbari, flatbread

**Coronation Lobster - Half** £35 - **Whole** £68 **CR, D, E, MO, M, SO**

Wilted spinach, Dijon mustard, Hollandaise & Parmesan, summer salad & Jersey Royals

## VEGAN

**Roast Shawarma cauliflower steak & king oyster mushroom** - £19.50 **(VG) SD, C, SE**  
Spiced avocado, coriander & garlic sauce, Pomegranate, herb dressing & flatbread

**Spiced tofu coconut curry** - £18.50

Red pepper, spinach, broccoli, mange tout peas, coconut, Jasmine rice & flatbread

## SIDES

**New potatoes, butter & mint** **D** - £6.00 **Pommes Aligot (Cheesy whipped potatoes)** - £6.00 **D**

**Frites** £5.50 - **Truffle Frites**, Grano Padano £6.75 **D** - **Sweet potato fries** - £5.50

**Sauté new potatoes** confit garlic - £6 – **Tenderstem** - £6 **SD, D**

**Leaf spinach** £6 **D** – **Spring vegetable** selection £6 **D** - **Char grilled Broccoli**, toasted seeds £6 **SE**

**Green beans, garlic** £6 - **Petits pois** - £5.50 **D** –

**Green salad**, radishes, Dijon vinaigrette - £5.50 **M** **Daikon & carrot salad**, Wasabi & Yuzu - £6 **SE, SO**

**Kachumbari**, Tomato salad, red onion, coriander & lime dressing- £6

**Salade Folle** French beans, sun-blush tomatoes, white truffle dressing, Gruyère **D** £8.50

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