



THE
MOORINGS
HOTEL AND RESTAURANT
BREAKFAST & BRUNCH MENU

Cocktails

- Glass Champagne** - Laurent-Perrier Brut - £13.00
Mimosa - Vinada non-alcoholic sparkling wine, orange juice - £8.50
Mimosa - Champagne Laurent-Perrier Brut, orange juice - £12.50
Bellini - Champagne Laurent-Perrier Brut, peach purée - £12.50
Screwdriver - Absolut Blue, Squeezed orange juice - £12.50
Bloody Mary - Stolichnaya, tomato juice, spices, horseradish, Tio Pepe - £12.50

Residents Bed & Breakfast includes "Scandi Kitchen Breakfast" or £17.50 à la carte credit

Scandi Kitchen Breakfast - £17.50

Scandi Children's Kitchen Breakfast (Under 12) - £9.00
08.00am – 11.00am last orders

Freshly Squeezed Orange Juice, Cloudy Apple, Pineapple, Pomegranate or Cranberry juice -150ml

Coffees, Teas, Hot Chocolates (1 hot drink included)

Espresso, Americano, Cortado, Cappuccino, Latte, Flat White,
English Breakfast, Earl Grey, Green Tea, Camomile, Peppermint, Red Berry, Lemongrass & Ginger,
Green Tea & Peach, Great Rift Decaf, Virunga Chai, Chai Latte, Hot Chocolate (D)

Jersey Dairy, Oat, Almond or Soya Milks available

Scandi Platter

Soft boiled egg
Jarlsberg cheese, Wiltshire cured ham,
cucumber, tomato, red and yellow pepper, toasted seed pot
Toasted sourdough & Knekkebrød (Norwegian crisp bread) (E, D, SE, G)

or

Vegetarian Scandi Platter

Soft boiled egg
Jarlsberg cheese, Avocado, hummus, cucumber, tomato, red and yellow pepper, toasted seed pot
Toasted sourdough & Knekkebrød (Norwegian crisp bread) (E, D, SE, G)

or

Vegan Scandi Platter

Avocado, hummus, cucumber, tomato, red and yellow pepper, toasted seed pot
Toasted sourdough & Knekkebrød (Norwegian crisp bread) (SE, G)

Croissant, Pain au Chocolat, Bonne Maman jams, marmalade, honey, Marmite or Nutella

Pastries

Moorings Breakfast Basket - £7.50 Freshly baked mini Viennoiserie & croissant, toasted sourdough,
Jersey butter & Bon Maman Jams / Honey (G, D, E)

Croissant £2.25 – **Pain au Chocolat** £2.50 – **Pain au Raisin** - £2.75 – **Mini Patisserie** - £1.75

"A la carte" Breakfast

Orange and grapefruit salad (VG) - £8.50

Moorings housemade granola Coconut (VG) or Blanc Pignon Jersey Yoghurt N, SE, G, D - £5.95 *add berries* £3.75

Almond milk porridge - Scottish giant oats, berry compôte, (VG) G, N - £6.75

Moorings fluffy pancakes – Summer berries, maple syrup & coconut yoghurt (Vegan) - £11.50 or Banana, Nutella and Jersey cream, flaked almonds - £11.50 E, D, G

Two soft boiled, poached or sunny Jersey Happy Hens eggs - buttered sourdough toast D, E, G - £7.00

Three scrambled Jersey Happy Hens eggs – toasted sourdough E, D, G, - £9.50

Add crispy bacon £3 - *Add smoked salmon & toasted seeds (D, SE)* - £6.00

Three Happy Hens eggs omelette E, D, - Plain £9.50 - *Add ham, cheese D, mushrooms, spinach* - £2 each

Bacon roll - Pretzel roll with 3 rashers smoked bacon (E, F, G, M,) - £6.50 *Add egg* E, F, G, D – £1.50

Chilli fried egg roll – Pretzel roll, Jersey halloumi, lambs lettuce, onion & tamarind chutney E, G, D - £11.50

Smashed avocado – sourdough, chilli flakes, lime & toasted seeds (VG) E, D, SE - £10.50

Add two poached Eggs (D, E,) £3.00 - *Add crispy bacon* £3.00 - *Add smoked salmon (D, SE)* - £6.00

Shakshuka – Moroccan spiced tomato sauce, poached eggs, crumbled feta, yoghurt, flatbread E, D - £13.50

Balsamic roast tomato & hummus toast – sweet confit garlic (VG) - £10 *Add 2 poached eggs (E,)* £3

Huevos Rancheros –Tortilla, fried eggs, tomatoes, chilli, coriander, refried beans, avocado E, SE - £13.50

Eggs Benedict - Toasted muffin, Wiltshire ham, spinach, Hollandaise sauce E, G, M, S, SE - £13.50

Benedict Royale - Toasted muffin, smoked salmon, spinach, Hollandaise sauce D, E, F, G, M, SE £15

Hot Drinks

Coffee

Espresso	£3.25
Orange Espresso	£3.50
Macchiato	£3.50
Americano	£3.50
Cortado	£3.50
Flat White	£3.65
Cappuccino	£3.65
Latte	£3.65
Mocha	£4.25
Chai Latte	£4.25

Decaffeinated available

The Jersey Tea Company -

Organic Jersey Green Tea - Pot	£7.00
Organic Jersey Black Tea - Pot	£7.00

Syrups, Vanilla, Hazelnut, Caramel £1.00

Teas & Infusions

English Breakfast	£3.25
Great Rift Decaf	£3.25
Earl Grey	£3.50
Green Tea	£3.50
Camomile Flowers	£3.50
Red Bush	£3.50
Peppermint Leaves	£3.50
Red Berry & Flower	£3.50
Lemongrass & Ginger	£3.50
Green Tea & Peach	£3.50
Virunga Chai	£3.50

Hot Chocolates

Hot Chocolate	£4.00
Hot Chocolate, whipped cream	£4.50
Hot Chocolate, cream and marshmallows	£4.75

Juices & Smoothies

Green Goddess - Pineapple, apple, mango, kale, spinach and mint £5.75

Mellow Yellow - Pineapple, apple, mango, avocado, banana, butternut squash, basil £5.75

Summer Beets - Mango, strawberry, blueberry, cranberry, beetroot, ginger, coriander £5.75

Juices - Cranberry, Pomegranate, Cloudy Apple, Orange, Pineapple, Tomato £3.25

Freshly squeezed orange juice £4.50

Allergens in BOLD:C- Celery; G – Cereals containing Gluten/ Wheat; CR - Crustaceans; E - Egg; F – Fish; L – Lupin; D – Dairy/ Milk products; MO – Molluscs; M – Mustard; N – Nuts; P – Peanuts; SE – Sesame seeds; SO – Soya; SD – Sulphur Dioxide (V) = Vegetarian (VG)= Vegan

The Moorings is now a cashless business, we accept all major credit and debit cards except American Express. All prices are fully inclusive of service & GST at 5% - If you wish to reward the team, please feel free do so, all gratuities will be shared equally in full