



THE
MOORINGS
HOTEL AND RESTAURANT

À LA CARTE MENU

APERIO & BREADS – food to share with drinks

French & Norwegian Bread basket - Baguette, Campaillou & Knekkebrød - £5.50 **G, D, E, SE**

Salted Chicken Crackling - £4.25

Roast Chorizo, chipotle BBQ sauce - £8.00

Nocellara Olives - £6.00 (VG) **SD**

Smoked almonds (VG) - £6.25 **SD, N**

Pheasant Goujons - £10.50 **G, D, E**, Korean ketchup

Fish Goujons - £12.50 Homemade tartare **G, D, E, F,**

Giant Roasted Salted Corn - £5.25

Grouville cockle popcorn, chilli salt - £8.25 **MO, SD, G, D**

Vegan Mediterranean Antipasti Board - £19.00 **SO, SD, G, SE, C, M, N**

Hummus, Melitzanosalata, Tapenade & Muhammara with crudités, seeded Knekkebrød & flatbread.
Char grilled artichokes, piquillo peppers, sun blush tomatoes, Mediterranean olives, Borettane onions, cornichons, caper berries

FIRST COURSES

Grouville Oysters

Natural, Mignonette, lemon - £2.50 **per oyster MO, SD**

Florentine – Spinach & Hollandaise sauce / oyster - £3.00 **per oyster MO, SD, D, E**

Maître d’Hotel – Jersey butter, garlic, fine herbs, breadcrumbs / £3.00 **per oyster D, G, MO**

Warming Winter Vegetable Soup – £8.25 **C, SO**

Vegan, changes daily - Crusty sourdough, Vegan butter or Jersey butter **D**

Prosciutto & celeriac remoulade - £11.50 **E, M, SD**

Balsamic Borettane onions

Soupe de poisson - £12.00 **D, MO, E, G, F, CR, SD, M**

Classic fish soup, rouille, garlic croutons & Gruyère,

Chicken liver parfait - £12.50 **D, E, G, S, C, SD, M**

Chicken crackling, toasted sourdough, Knekkebrød apple & onion chutney, cornichons

Fish ‘n’ Chip - £11.50 **E, G, D, F**

Flaked smoked haddock, crispy potato croquette, tartare sauce

Prawn & Avocado cocktail - £12.50 **CR, E, D, F, M**

North Atlantic prawns, crevettes roses, avocado, crisp lettuce, spiced Marie Rose

Grouville hand-dived scallops £3.75 **per scallop D, G, MO**

Confit garlic, Jersey butter, toasted sourdough

Baby Squid - Crisp fried spiced **G, D, N, SD, SE, MO, SO** **or Grilled** - £13.00 **SE, MO, SD, SO**

Asian slaw, sesame, soy, coriander & chilli dip

Classic Smoked salmon - £13.00 **F, D, G**

Capers, red onion, crème fraîche, Lefse - Norwegian flatbread

Peri-peri chicken livers - £12.50 **D, G, SD**

Rich Cognac sauce, crispy onions, toasted sourdough

Allergens in BOLD:

C - Celery; **G** – Cereals containing Gluten/ Wheat; **CR** - Crustaceans; **E** - Egg; **F** – Fish; **L** – Lupin; **D** – Dairy/ Milk products; **MO** – Molluscs; **M** – Mustard; **N** – Nuts; **P** – Peanuts; **SE** – Sesame seeds; **SO** – Soya; **SD** – Sulphur Dioxide (V) = Vegetarian (VG) = Vegan

The Moorings is now a cashless business, we accept all major credit and debit cards except American Express. All prices are fully inclusive of service & GST at 5%
If you wish to reward the team, please feel free to do so, all gratuities will be shared equally in full

PLAT DU JOUR

£15 Daily Lunch special available Wednesday to Saturday lunchtime

STEAKS

Rib eye - 240g - £30

Frites or Pommes Aligot & 1 sauce of your choice - Madagascar peppercorn **D, SD, C** / Béarnaise **D, SD, C**, Garlic & herb Jersey butter "Maitre d'Hotel" **D**, Truffle Hollandaise **D, SD, C SD**

Moorings Surf 'n' Turf - Add **Grouville Hand Dived Scallops** **D, MO** - £3.25 per scallop

Biefstuk - 200g beef fillet, mushrooms, cognac, beurre noisette & cream sauce, potato croquettes **D, M, SD**

MEAT & GRILLS

Kjøttkaker - £15.00 **D, M, SD**

Norwegian meatballs, rich gravy, pea purée, mash

Wild Pheasant Schnitzel - £18.50 **D, E, G, S, M, SD**

Green beans, sauté potatoes, caper & lemon butter sauce

Wild Pheasant Schnitzel Holstein - £19.95 Fried Happy Hens egg & anchovy

Chicken Cordon Bleu - £19.50 **D, E, G, S, M, SD**

Crispy panko chicken breast, Wiltshire ham, Gruyère, creamy mash & baby carrots

FISH & SEAFOOD

Line caught catch of the day 180g - £32.00 **D, G, F** - Local fish whenever possible.

Simply grilled line caught fillet, pea purée, samphire & Hollandaise sauce **D, SD**

Or **Plain grilled** line caught fillet, pea purée, samphire & charred lemon to squeeze

Grilled Fruits de Mer - £35 **D, G, F, MO, CR**

Grilled catch of the day, king prawn, scallops & mussels, baby spinach, lemon and turmeric cream sauce

Moules Frites - £19.00 **D, CR** Mussels, white wine, Jersey cream, shallots, parsley

Mouclade Frites - £19.00 **D, CR** Mussels, white wine, curry, Jersey cream, shallots, parsley

Malaysian coconut seafood curry - £28.50 **F, CR**

Seared scallops, grilled king prawn & catch of the day, mange tout peas, red peppers
Jasmine rice, chapati flatbread

VEGAN

Roast Shawarma Cauliflower Steak & King Oyster Mushroom - £19.50 **(VG) SD, C, SE**

Spiced avocado, coriander & garlic sauce, Pomegranate, herb dressing & chapati flatbread

Spiced Tofu coconut curry - £18.50

Red pepper, spinach, broccoli, mange tout peas, coconut, Jasmine rice & chapati flatbread

SIDES

Jersey Royals, butter & mint **D** - £6.00 **Pommes Aligot (Cheesy whipped potatoes)** - £6.00 **D**

Frites £5.50 - **Truffle Frites**, Grano Padano £6.75 **D** - **Sweet potato fries** - £5.50

Sauté Jersey Royals, confit garlic - £6

Leaf spinach £6 **D** - **Spring vegetable** selection £6 **D** - **Char grilled Broccoli**, toasted seeds £6 **SD**

Green beans, garlic £6 **Petits pois** - £5.50 **D** - **Crisp Green salad**, radishes, Dijon vinaigrette - £5.50 **M**

Asian slaw - £6 **SE, SO** - **Tomato salad**, red onion, coriander & lime dressing- £6

Salade Folle French beans, sun-blush tomatoes, white truffle dressing, Gruyère **D** £8.50

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