



THE
MOORINGS
HOTEL AND RESTAURANT

À LA CARTE MENU

APERERO & BREADS – food to share with drinks

French & Norwegian Bread basket - Baguette, Campaillou & Knekkebrød - £5.50 **G, D, E, SE**

Salted Chicken Crackling £4.25

Roast Chorizo, chipotle BBQ sauce £8

Nocellara Olives (VG) £6 **SD**

Smoked almonds (VG) £6.25 **SD, N**

Pheasant Goujons **G, D, E**, Korean ketchup £10.50

Fish Goujons **G, D, E, F**, £10.50 Homemade tartare

Giant Roasted Salted Corn £5.25

Grouville cockle popcorn, chilli salt, £8.25 **MO, SD, G, D**

Vegan Mediterranean Antipasti Board £19 **SO, SD, G, SE, C, M, N**

Hummus, Melitzanosalata, Tapenade & Muhammara with crudités, seeded Knekkebrød & flatbread.
Char grilled artichokes, piquillo peppers, sun blush tomatoes, Mediterranean olives, Borettane onions, cornichons, caper berries

FIRST COURSES

Grouville Oysters

Natural / Mignonette / lemon £2.50/ oyster **MO, SD**

Florentine – Spinach & Hollandaise sauce £3/ oyster **MO, SD, D, E**

Maître d'Hotel – Jersey butter, garlic, fine herbs, breadcrumbs £3.00/ oyster **D, G, MO**

Warming Winter Vegetable Soup – £8.25 **C, SO**

Vegan, changes daily - Crusty sourdough, Vegan butter or Jersey butter **D**

Prosciutto & celeriac remoulade - £11.50 **E, M, SD**

Balsamic Borettane onions

Soupe de poisson £12 **D, MO, E, G, F, CR, SD, M**

Classic fish soup, rouille, croutons & Gruyère,

Chicken liver parfait £12.50 **D, E, G, S, C, SD, M**

Chicken crackling, toasted sourdough, Knekkebrød apple & onion chutney, cornichons

Fish 'n' Chip £11.50 **E, G, D, F**

Flaked smoked haddock, crispy potato croquette, tartare sauce

Prawn & Avocado cocktail £12.50 **CR, E, D, F, M**

North Atlantic prawns, crevettes roses, avocado, crisp lettuce, spiced Marie Rose

Grouville hand-dived scallops £3.75 per scallop **D, G, MO**

Confit garlic, Jersey butter, toasted sourdough

Baby Squid - Crisp fried spiced **G, D, N, SD, SE, MO, SO** or **Grilled** £13 **SE, MO, SD, SO**

Asian slaw, sesame, soy, coriander & chilli dip

Classic Smoked salmon £13 **F, D, G**

Capers, red onion, crème fraîche, Lefse - Norwegian flatbread

Peri-peri chicken livers £12.50 **D, G, SD**

Rich Cognac sauce, crispy onions, Campaillou toast

Allergens in BOLD:

C - Celery; G – Cereals containing Gluten/ Wheat; CR - Crustaceans; E - Egg; F – Fish; L – Lupin; D – Dairy/ Milk products; MO – Molluscs; M – Mustard; N – Nuts; P – Peanuts; SE – Sesame seeds; SO – Soya; SD – Sulphur Dioxide (V) = Vegetarian (VG) = Vegan

The Moorings is now a cashless business, we accept all major credit and debit cards except American Express. All prices are fully inclusive of service & GST at 5%
If you wish to reward the team, please feel free to do so, all gratuities will be shared equally in full

B PLAT DU JOUR

£15 Daily Lunch special available Wednesday to Saturday lunchtime

STEAKS

Rib eye - 240g £30

Frites or Pommes Aligot & 1 sauce of your choice - Madagascar peppercorn **D, SD, C** / Béarnaise **D, SD, C**, Garlic & herb Jersey butter "Maitre d'Hotel" **D**, Truffle Hollandaise £1.75 **D, SD, C SD**

Moorings Surf 'n' Turf - Add **Grouville Hand Dived Scallops** **D, MO** £3.25 per scallop

Biefstuk – 200g beef fillet mushrooms, cognac, beurre noisette & cream sauce, potato croquettes £39 **D, M, SD**

MEAT & GRILLS

Kjøttkaker – £15.00 **D, M, SD**

Norwegian meatballs, rich gravy, pea purée, mash

Wild Pheasant Schnitzel – £17.50 **D, E, G, S, M, SD**

Green beans, sauté potatoes, caper & lemon butter sauce

Wild Pheasant Schnitzel Holstein - £19.50 Fried Happy Hens egg & anchovy

Venison & wild mushroom casserole - £27 **D, M, SD**

New potatoes, braised red cabbage, cranberry sauce

FISH & SEAFOOD

Line caught catch of the day 180g - £32 **D, G, F** – Local fish whenever possible

Simply grilled line caught fillet, pea purée, samphire, Hollandaise sauce **D, SD**

Or Plain grilled with charred lemon to squeeze

Grilled Fruits de Mer - £35 **D, G, F, MO, CR**

Grilled catch of the day, king prawn, scallops & mussels, baby spinach, lemon and turmeric cream sauce

Moules Frites - £19.00 **D, CR**

Mussels, shallots, white wine, Jersey cream, parsley

Malaysian coconut seafood curry - £28.50 **F, CR**

Seared scallops, grilled king prawn & catch of the day, mange tout peas, red peppers
Jasmine rice, chapati flatbread

VEGAN

Roast Shawarma Cauliflower Steak & King Oyster Mushroom £19.50 (**VG**) **SD, C, SE**

Spiced avocado, coriander & garlic sauce, Pomegranate, herb dressing & chapati flatbread

Spiced Tofu coconut curry - £18.50

Red pepper, spinach, broccoli, mange tout peas, coconut, Jasmine rice & chapati flatbread

SIDES

Pommes Aligot (Cheesy whipped potatoes) - £6.50 **D** - **Frites** £5.25

Truffle Frites with Grano Padano **D** £6.75 - **Sweet potato fries** £5.25

New potatoes with butter & mint £5.25 **D** **Sauté potatoes** with confit garlic £5.50

Leaf spinach £6 **D** – **Autumn vegetable** selection £6 **D** - **Char grilled Broccoli** with toasted seeds **SD** £5

Green beans with garlic £5 **Petits pois** £5 **D** – **Crisp Green salad** Dijon vinaigrette & radishes £5.00 **M**

Asian slaw £6 **SE, SO** - **Tomato salad**, red onion, coriander & lime dressing £5.00

Salade Folle French beans, sun-blush tomatoes, white truffle dressing, Gruyère **D** £8.50

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