



THE
MOORINGS
HOTEL AND RESTAURANT

APERIO – food to share with drinks

Salted Chicken Crackling £4

Nocellara Olives (VG) £6 **so, sd**

Smoked almonds (VG) £6 **so, sd**

Potted shrimps, Campaillou toast £8.50 **d, cr, g**

Grilled Padron Peppers £5 **mo, d, e, g, m**

Grouville cockle popcorn, chilli salt, malt vinegar £7 **mo, sd, g, d**

BREADS

French & Norwegian Bread basket - Baguette, Campaillou & Knekkebrød - £5.50 **g, d, e**

FIRST COURSES

Grouville Oysters

Natural/ shallot vinaigrette/ lemon. £2.25 / oyster **mo, sd**

Florentine – spinach & Hollandaise £3/ oyster **mo, sd, d, e**

Rockefeller – Jersey butter, spinach, garden herbs, breadcrumbs £3.50/ oyster **d, g, mo**

Gazpacho – Chilled Jersey tomato, pepper and cucumber soup £8 c

Add Jersey Chancre Crab with chives - £7 **cr, e, d**

Burrata £11.50 **d**

Jersey tomatoes, rocket, basil, olive oil, Balsamic

Soupe de poisson £8.50 **d, mo, g, f, cr, sd, m**

Classic French-inspired fish soup, Gruyère, rouille & croutons

Chicken liver parfait £9 **d, e, g, s, c, sd, m**

Chicken crackling, toasted Campaillou, apple & onion chutney, cornichons

Galette croquante £15.00 **cr, e, g, d, f**

Chancre Crab, Madras curry, crispy galette, avocado

Prawn cocktail £11.50 **cr, e, g, d, f, m**

North Atlantic prawns, Crevettes Rose, crisp lettuce, avocado, Marie Rose

Grouville hand-dived scallops £3.25 per scallop **d, g, mo**

Confit garlic, coral powder, Jersey butter, dunking bread

Squid - Crisp fried spiced **f, g, d, p, n, sd, se, m, so** or **Grilled** £12.50 **f, d, se, n, sd, m, so**

Asian slaw, sesame, soy, coriander & chilli dip

The Moorings house smoked salmon £12.50 **f, d, g**

Capers, red onion, crème fraiche, toasted Nordic loaf

Peri-peri chicken livers £11.50 **d, g, sd,**

Rich Cognac sauce, crispy onions, campaillou toast

Plat du Jour £15 - Daily Lunch special available Wednesday to Saturday lunchtime

Allergens in BOLD:

C- Celery; G – Cereals containing Gluten/ Wheat; CR - Crustaceans; E - Egg; F – Fish; L – Lupin; D – Dairy/ Milk products; MO – Molluscs; M – Mustard; N – Nuts; P – Peanuts; SE – Sesame seeds; SO – Soya; SD – Sulphur Dioxide (V) = Vegetarian (VG)= Vegan

The Moorings is now a cashless business, we accept all major credit and debit cards except American Express.

All prices are fully inclusive of service & GST at 5%

If you wish to reward the team, please feel free to do so, all gratuities will be shared equally in full

VEGAN

Gazpacho – Chilled Jersey tomato, pepper and cucumber soup £8 c

Vegan Antipasti £19 *so, sd, g, se, c* Hummus, Smoked aubergine and garlic dip, char grilled artichokes, sun blush & dried tomatoes, Mediterranean olives, crudités, Borettane onions, cornichons, caper berries, seeded Knekkebrød, Potato sourdough

Swiss-style Gemischter Salat £9/ £16 *c, n, sd, so*

Beetroot, Carrot, Leaves, Corn, Potato, Radish, Cucumber, Celeriac remoulade, Vegan Yoghurt dressing (VG)

Roast Shawarma Cauliflower Steak & King Oyster Mushroom £19.50 *(vg) sd, c, se, n*

Spiced avocado, coriander & garlic sauce, Pomegranate, Flatbread

MEAT & GRILLS

STEAKS

Rib eye - 240g £30

Frites & 1 sauce of your choice - Madagascar peppercorn *d, sd, c* / Béarnaise *d, sd, c* / Chimichurri *sd*, / Garlic & herb Jersey butter "Maitre d'Hotel" *d*

Moorings Surf 'n' Turf - *Add Grouville Hand Dived Scallops* £3.25 per scallop with Confit garlic

Biefstuk - beef fillet mushroom, cognac and butter sauce, potato croquette 200g £39 *d, m, sd*

Steak Tartare – *small* £18.50 / *large* £35.00 with frites

Chopped Fillet steak, Dijon Mustard, olive oil, capers, gherkins, parsley, Happy Hen's egg yolk - Truffle mayo, garlic croutons *d, e, m, sd*

Naked - to mix to your liking *or Au Bleu* - Char grilled for a minute each side

Fried Chicken £17 *d, e, g, s, m, sd*

Asian slaw, sesame, soy, coriander & chilli dip, frites

FISH & SEAFOOD

Jersey Lobster & Frites – Lemon, garlic and herb butter – 600/700gm *Half* £25 *Whole* £50

Line caught catch of the day 180g - £32 *d, g, f*

Simply grilled line caught fillet, pea purée, samphire, Hollandaise sauce *d, sd* or plain grilled with charred lemon to squeeze – Local fish whenever possible

SIDES

Frites £5.25 - Truffle Frites with Gruyère *d* £6.75 - New potatoes with butter & mint £5.25 *d*

Sweet potato fries £5.25 - Sauté potatoes with confit garlic £5.50 - Heritage tomato and

Roscoff onion salad £5.00 - Asian slaw £6 - Leaf spinach £6 *d* - Char grilled Broccoli with

toasted seeds *sd* £5 - Autumn vegetable selection £6 *d* - Petits pois £5 *d* - Green salad with

radishes £5 *m* - Green beans £4.50 - Green beans with garlic £5.00 - Jersey Tenderstem £6

Salade Folle French beans, sun-blush tomatoes, black truffle dressing, Gruyère £8.50

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