



THE
MOORINGS
HOTEL AND RESTAURANT
BREAKFAST & BRUNCH MENU

Mimosa – Champagne Laurent-Perrier Brut, Orange juice - £12.50
Bloody Mary - Stolichnaya, Tomato juice, Spices, horseradish, Tio Pepe - £12.50

Scandi Kitchen Breakfast - £12.50

Scandi Children's Kitchen Breakfast (Under 12) - £8.50

For Non-resident or Room only

Weekdays Monday to Friday 09:00 – 11.00 last orders

Saturday, Sunday 09.00 – 11.00 last orders

Juices

Orange, Cloudy Apple, Pineapple or Cranberry juice

Coffees, Teas, Hot Chocolates

(1 hot drink included)

Espresso, Americano, Cappuccino, Latte, Flat White,
English Breakfast, Earl Grey, Green Tea, Camomile, Peppermint, Red Berry, Lemongrass &
Ginger, Green Tea & Peach, Decaffeinated, Virunga Chai, Chai Latte, Hot Chocolate ☺

Jersey Dairy, Oat, Almond or Soya Milks available

Scandi Platter

Soft boiled egg

Jarlsberg cheese, Wiltshire cured ham,
cucumber, tomato, red and yellow pepper, toasted seed pot
Toasted sourdough & Knekkebrød (Norwegian crisp bread) (E, D, SE, G)

or

Vegetarian Scandi Platter

Soft boiled egg

Avocado, hummus, cucumber, tomato, red and yellow pepper, toasted seed pot
Toasted sourdough & Knekkebrød (Norwegian crisp bread) (E, D, SE, G)

or

Vegan Scandi Platter

Avocado, hummus, cucumber, tomato, red and yellow pepper, toasted seed pot
Toasted sourdough & Knekkebrød (Norwegian crisp bread) (SE, G)

Moorings Breakfast Basket

Freshly baked mini Viennoiserie & croissants
Jersey butter & Bon Maman Jams / Honey (G, D, E)

Supporting local producers: Our eggs are Jersey Free range Happy Hens, we use Jersey butter, yoghurt, cream and milk in our cooking, our sourdough is baked daily for us by Pawel, our salmon is house smoked over beech wood, we use locally grown vegetables whenever possible especially, peppers, tomatoes and cucumbers

The Moorings is now a cashless business, we accept all major credit and debit cards except American Express. All prices are fully inclusive of service & GST at 5% - If you wish to reward the team, please feel free to do so, all gratuities will be shared equally in full

"A la carte" Breakfast

Orange and grapefruit salad - £4.50

Blanc Pignon Farm Natural Kefir 150ml - £3.50

Summer berries - coconut yoghurt or Jersey Yoghurt (D) - £7.50

Porridge - Scottish giant oats, berry compôte, almond milk (VG)(G, N) - £5

Moorings Granola Coconut yoghurt (VG) / Blanc Pignon Natural Greek Jersey Yoghurt / Kefir (N, SE, G, D) (D) - £5

Norwegian Waffle - (D, E, G) Bonne Maman jam, sour cream (D) - £5.50

Two soft boiled Jersey Happy Hens eggs and soldiers (E, G) - £4

Smashed avocado - sourdough & toasted seeds (E, D, SE) - £7.50

Add two poached Eggs (D, E) £2.00 - Add crispy bacon £2.00 - Add smoked salmon (D, SE) - £4.50

Huevos Rancheros – Tortilla, fried eggs, tomatoes, serrano chillies, onion, refried beans, avocado (E, SE) - £10

Moorings Benedict – Toasted muffin, Wiltshire ham, spinach, Hollandaise sauce (E, G, M, S, SE) - £9.50

Moorings Benedict Royale – Toasted muffin, smoked salmon, spinach, Hollandaise sauce (E, F, G, M, SE) - £11.50

Smoked salmon with scrambled eggs - sourdough & toasted seeds (E, F, G, SE) - £11.50

Bacon roll – Brioche roll with 3 rashers smoked bacon (E, F, G, M,) - £5 *Add egg (E, F, G, M,) – £6.50*

Sun blush tomato toast - confit garlic & toasted seeds (VG) - £7.50 *Add egg (E,) £9.00*

Hot Drinks

Coffee

Espresso	£3.00
Macchiato	£3.25
Americano	£3.25
Flat White	£3.50
Cappuccino	£3.50
Latte	£3.50
Mocha	£3.95
Chai Latte	£3.95
Decaffeinated available	

Syrups

Vanilla Syrup	£1.00
Hazelnut Syrup	£1.00
Caramel Syrup	£1.00

Teas & Infusions

English Breakfast	£3.00
Decaffeinated	£3.00
Earl Grey	£3.25
Green Tea	£3.25
Camomile	£3.25
Peppermint	£3.25
Red Berry	£3.25
Lemongrass & Ginger	£3.25
Green Tea & Peach	£3.25
Virunga Chai	£3.25

Hot Chocolates

Hot Chocolate	£3.95
Hot Chocolate, whipped cream	£4.25
Hot Chocolate, cream and marshmallows	£4.50

Juices & Smoothies

Green Goddess - Pineapple, apple, mango, kale, spinach and mint £5.50

Mellow Yellow - Pineapple, apple, mango, avocado, banana, butternut squash, basil £5.50

Summer Beets - Mango, strawberry, blueberry, cranberry, beetroot, ginger, coriander £5.50

Juices - Cranberry, Cloudy Apple, Orange, Pineapple, Tomato £3.25

Allergens in BOLD: C - Celery; G - Cereals containing Gluten/ Wheat; CR - Crustaceans; E - Egg; F - Fish; L - Lupin; D - Dairy/ Milk products; MO - Molluscs; M - Mustard; N - Nuts; P - Peanuts; SE - Sesame seeds; SO - Soya; SD - Sulphur Dioxide (V) = Vegetarian (VG) = Vegan