



THE
MOORINGS
HOTEL AND RESTAURANT

APERIO – food to share with drinks

Salted Chicken Crackling £4

Nocellara Olives (VG) £6 **so, sd**

Smoked almonds (VG) £6 **so, sd**

Biltong House-made, coriander spiced air-dried beef £8

Potted shrimps sourdough toast £8.50 **d, cr, g**

Whelk Fritters parsley and caper mayo £8 **mo, d, e, g, m**

Grouville cockle popcorn, chilli salt, malt vinegar £7 **mo, sd, g, d**

Vegan Antipasti Hummus, lemon, olive oil, flaky salt, Smoked aubergine and garlic dip, Charred artichokes, Pickled chilies, Caper berries; Seeded Knekkebrød (VG) £19 **so, sd, g, se, n**

BREADS

Warm Sourdough, Nordic Rye & Knekkebrød (Norwegian crisp bread with fennel), Jersey butter £5.50 **g, d, se**

FIRST COURSES

Grouville Oysters

Natural/ shallot vinaigrette/ lemon. £2/ oyster **mo, sd**

Florentine – spinach & lemon butter sauce £3/ oyster **mo, sd, d, e**

Rockefeller – Jersey butter, garden herbs, breadcrumbs £3.50/ oyster **d, g, mo**

Minted Pea & Coconut Soup £8 (VG) **c, n, sd**

Burrata £11.50

Heritage tomatoes, rocket, basil, olive oil, Balsamic **d**

Soupe de poisson £8.50 **d, mo, g, f, cr, sd, m**

Classic French-inspired fish soup, Gruyère, rouille & croutons

Chicken liver parfait £9 **d, e, g, s, c, sd, m**

Chicken crackling, toasted sourdough, cornichons

Galette croquante £13.50 **cr, e, g, d, f**

Chancre Crab, Madras curry, crispy galette, avocado

Prawn Cocktail £11.50 **cr, e, g, d, f, m**

North Atlantic prawns, Crevettes Rose, crisp lettuce, avocado, Marie Rose

Grouville hand-dived scallops £3 per scallop **d, g, mo**

Confit garlic, coral powder, Jersey butter, dunking bread

Squid - Crisp fried spiced **f, g, d, p, n, sd, m, so** or **Grilled** £12.50 **f, d, p, n, sd, m, so**

Hot sauce, Batavian Endive

Moorings house smoked salmon £12.50 **f, d**

Capers, red onion, crème fraîche

Allergens in BOLD:

C- Celery; G – Cereals containing Gluten/ Wheat; CR - Crustaceans; E - Egg; F – Fish; L – Lupin; D – Dairy/ Milk products; MO – Molluscs; M – Mustard; N – Nuts; P – Peanuts; SE – Sesame seeds; SO – Soya; SD – Sulphur Dioxide (V) = Vegetarian (VG)= Vegan

The Moorings is now a cashless business, we accept all major credit and debit cards except American Express.

All prices are fully inclusive of service & GST at 5%

If you wish to reward the team, please feel free to do so, all gratuities will be shared equally in full

SUNDAY ROASTS

All roasts are served with family-style vegetables to include greens **D**, carrots & petit pois **D**, cauliflower cheese **D**, & crispy roast potatoes

8 hour slow roast leg of English lamb £22.50 / £12.50 Child

Confit garlic, minted sauce, rosemary gravy **SD, C**

Roast free-range chicken, herb-crusted tomato, thyme gravy £18.50 / £10.50 Child

Roast sirloin of beef £22.50 / £12.50 Child

Yorkshire pudding, red wine gravy **SD, C, D**

Fish mixed grill for 2 - £65 **D, G, F,**

Simply grilled local line caught fillets of fish to share, lemon & chive beurre blanc or plain grilled with charred lemon to squeeze

Vegan Roasted spiced celeriac - £16.50 / £9 Child

served with Raita (VG) **C, SO**

VEGAN

Minted Pea & Coconut Soup £8 (VG) **C, N, SD**

Vegan Antipasti Hummus, lemon, olive oil, flaky salt, Smoked aubergine and garlic dip, Charred artichokes, Pickled chilies, Caper berries; Seeded Knekkebrød (VG) £19 **SO, SD, G, SE, N**

Swiss-style Gemischter Salat £9/ £16 **C, N, SD**

Beetroot, Carrot, Leaves, Corn, Potato, Radish, Cucumber,

Celeriac remoulade, Vegan Yoghurt dressing (VG)

Baked & grilled celeriac & field mushroom

Tamarind Gravy, roasted garlic butter £19.50 **G, C, SD**

Khao Soi £18.50 (VG) **SD, C**

Homage to Chiang Mai's famous Thai noodle curry with spring vegetables

Add the following for non-vegan... **Giant Tiger prawn** +£8 **CR** / **Chicken** +£5

MEAT & GRILLS

Aged Beef, frites & 1 sauce of your choice

Madagascar peppercorn **D, SD, C** / Jersey garlic and herb butter "Maitre d'Hotel" **D**

Rump 240g £24.50 **D, G, S, C, M, SD**

Sirloin 240g £28.50 **D, G, S, C, M, SD**

Biefstuk – Pan fried Fillet with mushroom & Brandy butter sauce 180g £39 **D, G, S, C, M, SD**

Potato Croquette

FISH & SEAFOOD

Grilled spiced Giant Tiger prawns 2 £26 / 3 £31 **CR, SO, SD**

Tomato pilaf, lemon butter

SIDES

Jersey Royals with butter & mint £6.00 **D** - Potato Croquettes **D, G** - £6 - Frites £4.50

Sauté potatoes with confit garlic £4.50 - Sweet potato fries £4.50

Smoked potato mousseline (decadent mash) £6 **D**

D - Leaf spinach £6 **D** - Char grilled Broccoli with toasted seeds **SD** - £5 **D** Spring vegetable

selection £6 **D** - Petits pois £5 **D** - Batavian Endive Salad £5 **M** Tomato pilaf £4.50

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